

## Pregnancy after tummy tuck

Tummy tuck, also called abdominoplasty in professional medical language, is a plastic surgery procedure during which excess fatty tissue and skin are removed from the abdomen and the abdominal muscles are tightened, if needed. This procedure is usually needed for women, whose skin and muscles have stretched after pregnancy. But even though this procedure is performed after pregnancies, some women may want to have a baby afterwards, and then they start to worry if they can.

Women, who think they will want children in the future should wait for tummy tuck and have it after all pregnancies. But this is only in the ideal world. Often women change their mind, and decide to plan another pregnancy. Pregnancy after abdominoplasty is of course possible, and many women become pregnant after this procedure, but patients should bare in mind that flattening work and work on the muscle might be undone.

During pregnancy the skin and muscles of the abdominal area stretches out. Fat pockets that are resistant to diet and exercise build up on the abdomen and abdominal skin becomes loose. These all outcomes of pregnancy can be eliminated by adbominoplasty.

However, when a woman becomes pregnant after tummy tuck, the abdominal area treated by this procedure becomes affected and stretches out again in order to fit for the growing fetus. Abdominal wall muscles that had been restored by abdominoplasty can separate again. Re-stretched and loose skin can not look normal again.

Although, former abdominoplasty is not a risk for an unborn fetus, but it can change a womenâ€™s appearance. If the skin becomes loose again and muscles stretch out during pregnancy after tummy tuck, additional abdominoplasty procedure can be performed in order to improve the appearance of the abdomen.