

Face and neck liposuction

Facial appearance changes with time and age. Fatty deposits become apparent not only on the buttocks, thighs and abdomen but also on the jowls, under the chin and neck. This is due to gradual changes of aging and/or weight gain. The face, cheeks, under chin area become full and rounded causing some people lose their confidence and self-esteem.

Face and neck liposuction

Face and neck liposuction is used to remove accumulated fat on the cheeks, under chin, neck area and in front of the ears. Diet and exercise can help individuals look better but it does not necessarily help the appearance of the face. Therefore, liposuction is effective in improving facial appearance.

Perfect candidates for this cosmetic surgery procedure are individuals in a relatively good physical and psychological health. Those who want to remove persistent baby fat under the chin and those who want to remove fatty deposits gained due to aging and weight gain on the cheeks, under the chin, and on the neck. Patients, who want to undergo facial liposuction should be at least 18 years of age.

On your initial consultation the surgeon will gather your medical history. He/she will evaluate your facial appearance and areas that you want to change and correct. The surgeon will describe the procedure itself, possible benefits and risks of this plastic surgery. He/she will also discuss with you the type of anesthesia required and give all needed instructions how to prepare for facial liposuction surgery. Feel free to ask for all information you need.

Facial liposuction surgery

Liposuction is usually performed at the hospital or outpatient department. Depending on the extent of the procedure, it may last from two to three and a half hours. General anesthesia or intravenous sedation is used prior to surgery. Then a small canula tube attached to a suction device is inserted into the area required for correction. Afterwards, the surgeon moves the tube to create a mesh of tunnels under the skin, then he/she suctions out the unwanted fat tissue with the help of the canula.

Incisions are made in the areas where scars cannot be seen. In order to remove fat from under the chin or lower neck, an incision is made in the submental wrinkle. Incisions under the ear lobe or inside the mouth are made to remove fatty deposits in the cheek area. Once the facial liposuction procedure is complete, special bandage is placed on the face to enhance healing.

Facial liposuction recovery

Recovery and getting back to normal is a gradual process. In order to improve healing patients are asked to resume smoking for a few weeks prior and after surgery. They should not get involved in strenuous exercise for at least two weeks after facial liposuction. Mild pain may be present after surgery, which could be controlled with pain medications. Bruising and swelling may be seen for a few weeks after this cosmetic procedure. You should be able to return to work within two weeks after this type of plastic surgery. Final results of facial liposuction should be seen within six weeks to half a year.

As with all surgery, face and neck liposuction has some risks and limitations that you should be aware of before undergoing this cosmetic surgery procedure. The most common problem associated with any type of liposuction is irregularities of the corrected area and contour due to too much fat removed or lost skin elasticity. Other complications are rare but still possible. They include swelling, bruising, excessive bleeding, infection of the surgery site, and reaction to anesthesia.

Face and neck liposuction cost

The cost of face and neck liposuction depends on the extent of the procedure, procedure, and clinic. Usually the total cost varies from \$2,500 to \$4,500.

Even though some risks and complications are associated with this cosmetic surgery procedure, the results are dramatic. Usually patients who have realistic expectations are particularly satisfied with the surgery results, which not only improve the appearance, giving a more youthful and smooth looks, but also enhance patients's self-esteem and confidence. However, this procedure does not make other people change their opinion about you.