

## Is tummy tuck painful?

Pain is something that people are afraid of. They do not wish to suffer any pain or discomfort associated with the treatment. "Is tummy tuck painful?" is probably the most frequently given question of all.

To answer the question is important to understand how tummy tuck is performed and what the factors are those that influence the pain level of abdominoplasty. Tummy tuck is a major surgical procedure most often performed under general anesthesia. Only partial abdominoplasty (mini-tummy tuck) can be performed under local anesthesia and a sedative. Since patients are asleep during the whole procedure they do not experience any pain during surgery. However, some patient states that injections of medications are rather painful but this varies from person to person since the pain level is a very individual thing.

It is noted that people who have been afraid of tummy tuck surgery or had bad thoughts before surgery experience more pain in a pre-operative and post-operative periods. Also, patients who are more sensitive are said to have lower pain level and therefore can feel some pain, which is more a psychological factor rather than physical. Post-operatively you will have to undergo a rather long period of recovery during which some pain, swelling and discomfort are considered to be normal consequences of a healing process. Do not be concerned about that since pain is successfully managed with certain medications. Although in some cultures it is popular to say that beauty requires some suffering, nowadays, most cosmetic surgery do not involve any pain at all. This is due to a qualified help of a high-skilled doctor and the newest medications. So, pain should not be something for you worry about while planning tummy tuck.

Recommended e-books:

- Burn fat without surgery
- 10 days easy diet
- 60 sec to weight loss success
- Weight loss
- Lose fat easily